

Newsletter 2026 #7

# FILMEXPLORER

expand the experience

*New Format!*

## Los Años Nuevos



The series is available on [arte.tv](https://www.artetv.com/) since December and keeps gaining popularity. But what makes it so unique? [Nicolas Bézard](#) kept a diary of his viewing and here are five of his entries. Discover what made [Los Años Nuevos](#) so special to him.

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### #1 The Approach

*«This, and above all, the grand structural idea behind Los años nuevos: each episode takes place over the course of a single day each year – New Year's Eve – for ten years.»*

*We are invited to imagine the missing pages in Ana and Óscar's novel, on the lookout for the few clues that each new chapter is willing to give us.»*

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## **#2 The Attachment**

*«The great success of Los años nuevos is that it does not hide this banality but, on the contrary, embraces it without resorting to the worn-out principles of melodrama. Instead, the series takes a winning gamble on gentleness. Gentleness in the way that gazes, voices and bodies connect. Gentleness in the writing, which embraces moments of uncertainty, imperfection, slips of the tongue, silences and missed opportunities that everyone can relate to.»*

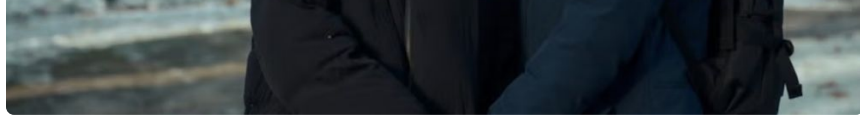
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## **#3 One's Back against the Wall**

*«Before this decisive scene, the series – in which every episode touches on the fragility or breakdown of a relationship – subtly sets the stage by identifying, in the way the characters are written, these future points of tension and sources of conflict.»*

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## #4 From afar

*«Los años nuevos focuses on showing how feelings can overcome the barriers of broken communication, geographical distance and the passing of time. How, even from afar, the relationship endures. And rather than resorting to tedious commentary to convey how Ana and Óscar never stop thinking about each other during these years of separation, Sorogoyen uses the illusionist powers of cinema to give substance to this feeling of uninterrupted dialogue between the two characters.»*

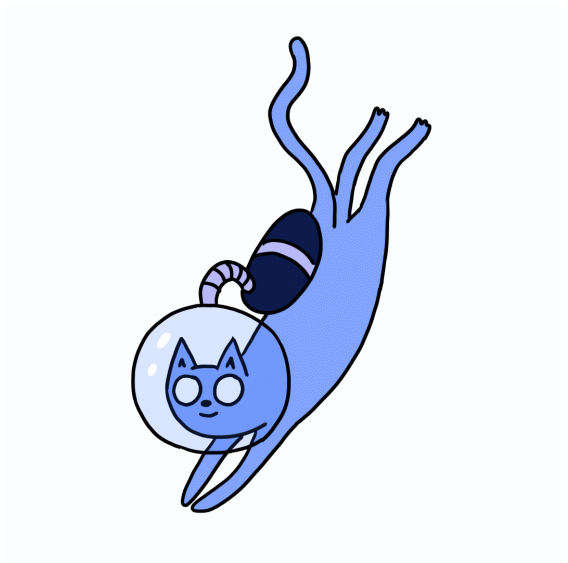
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## #5 The Lovers' Room

*«But the main theme of Los años nuevos is undoubtedly time. Time spread over a decade, the effects of which are betrayed by the protagonists' hair and features. These years fall like leaves from a tree, and the series, due to its elliptical nature, shows little or nothing of them. Rodrigo Sorogoyen is fond of these extended periods of time, which give his work a great deal of depth.»*

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**Read the Full Diary!**

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And don't forget to **VOTE!**

